

## Strategies of Intervention For Bystanders

| <b>Levels of Risk</b>    |  |   |   |
|--------------------------|--|---|---|
| <b>Low</b>               |  | <b>High</b>   |   |
| Not Joining In           | Walk away  | Stay but do not participate.  | Declare your nonparticipation.  |
| Getting Adult Help       | Get help anonymously.  | Identify who the helpful adults are and get one of them.  | Announce loudly your intention to get adult help; then do it.                   |
| Mobilizing Peer Group    | Identify a peer leader and offer to join in standing up to the bully.      | Identify others who are capable of mobilizing peers in defense of the victim and recruit them to the cause. | Be a leader in recruiting others to join in standing up to the bully.           |
| Take an Individual Stand | Go over to the victim and lead him or her away from the situation.         | Say, "Leave him or her alone."  | Say, "We don't treat people like that at our school."                           |
| Befriend the Victim      | Privately empathize with the victim by saying, "That was unfair or cruel." | Go over and stand with the victim or invite him or her to join you in doing something else.                 | Stand with the victim and publicly announce the "unfair" behavior of the bully. |

### Other Ways To Take A Stand

1. Stop rumors.
2. Don't pass on a hurtful note.
3. Speak up to a bully: "We don't do that here."
4. Include someone new in one of your activities.
5. Join up with someone who is being bothered and take him or her out of the situation.
6. Let adults know when someone needs help.
7. Ask someone new to join you at lunch.
8. Say "Hi" to a new student or someone you don't know very well.