

TUCSON COMMUNITY RESOURCES

CATALINA HIGH SCHOOL
3645 E. Pima Street, Tucson, Arizona 85716



FOOD

- ALL School Districts: <https://www.kold.com/2020/03/16/coronavirus-ways-get-meals-while-school-is-out/>
- TUSD: <http://www.tusd1.org/Portals/TUSD1/District/docs/GrabAndGo/route-all.pdf>
- DES Nutrition Assistance: <https://des.az.gov/services/basic-needs/food/nutrition-assistance-formerly-food-stamp-program>

CHILDCARE

- La Petite: <https://www.lapetite.com/child-care-centers/coronavirus/>
- YMCA : <https://tucsonymca.org/program/springbreak/>
- Boys and Girls Club (BGC): <https://www.bgctucson.org/>
- YMCA/BGC: <https://www.tucsonweekly.com/TheRange/archives/2020/03/23/with-schools-closed-some-childcare-options-exist-for-parents>
- Childcare Resource and Referral: <https://www.azccrr.com/child-care-options.html>

FINANCIAL ASSISTANCE

- List of Community Resources: https://thisistucson.com/eat/local-resources-for-newly-jobless-restaurant-workers-and-others-facing/article_edda4be6-6937-11ea-8e7e-83004ef1d42e.html
- DES Short-Term Crisis Services: <https://des.az.gov/services/basic-needs/shelter-housing/short-term-crisis-services>
- Mortgage Help: <https://housing.az.gov/mortgage-help-homeowners-impacted-coronavirus>
- Nutrition Assistance (SNAP): <https://des.az.gov/services/basic-needs/food/nutrition-assistance-formerly-food-stamp-program>

EMPLOYMENT

- Local Job Openings: https://tucson.com/business/need-help-finding-a-job-pima-county-one-stop-career/article_cbc4310c-d924-53f3-bfc3-bcaddc34c416.html
- Unemployment Benefits: <https://des.az.gov/services/employment/unemployment-individual/applying-unemployment-insurance-benefits>

REMOTE MEDICAL CARE

- TMC online: <https://www.tmcaz.com/tmc-now> (use code Spring20)
- Northwest Healthcare: <http://www.mytucsonanycare.com/virtual-health-connect.php>

INTERNET SERVICE

- All Companies: <https://www.highspeedinternet.com/resources/internet-guide-during-coronavirus-outbreak>
- Comcast: <https://corporate.comcast.com/covid-19>
- Comcast (free WiFi hotspots): <https://wifi.xfinity.com/>
- Free Library WiFi (from parking lots): <https://sites.google.com/view/azdigitalinclusion/covid-19-library-resources/library-wifi-map?authuser=0%20for%20an%20updated%20list>
- Cox: https://www.cox.com/residential/internet/connect2compete.html?sc_id=cr_dm_camp_z_c2c_vanity
- Free Virtual Classrooms: <https://about.att.com/pages/COVID-19.html>
- Verizon (waiving late fees): <https://www.verizon.com/about/news/our-response-coronavirus>

REMOTE COUNSELING SERVICES

- Talk it Out (free counseling services for TUSD families): <http://www.tusd1.org/Departments/Family-Centers>
- AHCCCS Counselor Search: <https://www.azahcccs.gov/Members/ProgramsAndCoveredServices/ProviderListings/>
- Tucson Counseling Associates: <https://www.tucsoncounselingassociates.com/>
- Tucson Counseling: <https://www.tucsoncounseling.org/index.html>

ACTIVITIES and LEARNING RESOURCES for KIDS

- Pima County Public Libraries (PCPL) Read Along: <https://pima.overdrive.com/library/readalongs/collection/1044491>
- E-books (PCPL): <https://pima.overdrive.com/>
- Kanopy (PCPL): <https://pimalibrary.kanopy.com/kids>
- PBS: https://www.pbslearningmedia.org/?fbclid=IwAR1iLbdd5dp_fagsqd8L8I5Mht0t99rK20XNX_tTwu7pj97YoH6vKL85eno#.XnkeRqhKiM9
- Fun Activities: https://www.counselingwithcc.com/resources?fbclid=IwAR0DI4Jo9CAnWiPPpJAG97MOswr_BE_EQXQD4tpzk1gNnPVpO1J4TNU564pg
- ASU Open Access Resources: <https://www.asuprepdigital.org/asu-for-you/>

RESOURCE LISTS

- https://tucson.com/thisistucson/tucsonlife/a-running-list-of-resources-for-tucson-area-families-impacted/article_bccfd9ae-67d3-11ea-a716-f7badc8d7632.html
- Tucson Business Hours: <https://www.kold.com/2020/03/18/list-businesses-suspending-operations-changing-hours-due-coronavirus-outbreak/>
- DES (full resource list): <https://arizonatogether.org/>