

# Tucson Unified Staff and K-12 Student COVID-19 Release from Isolation & Quarantine Flow Chart

Person has **TESTED POSITIVE**  
for **COVID-19** (*vaccinated and unvaccinated*)

**SYMPTOMS**

**NO SYMPTOMS**

**ISOLATE** for at  
least **5 DAYS** after  
symptoms begin

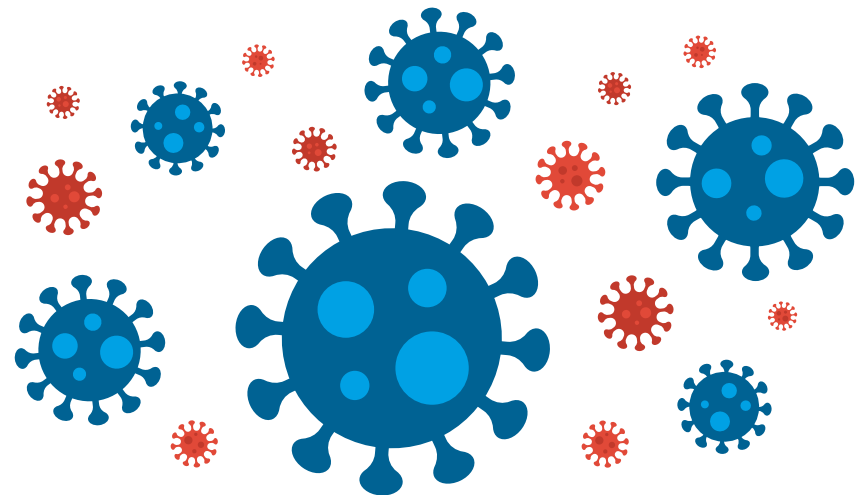
**ISOLATE** for at  
least **5 DAYS** after  
positive test

**REMAIN AT HOME UNTIL:**

- **SYMPTOMS HAVE IMPROVED;** AND
- **NO FEVER** for the last 24 hours, without the use of fever-reducing medication; AND
- **WEAR A MASK** around others for all 10 days from symptoms beginning/positive test
- Return to work/school on **DAY 6** if above is met

Person has been **EXPOSED** to  
someone who **TESTED POSITIVE**  
for **COVID-19** (*vaccinated and unvaccinated*)

**NO QUARANTINE REQUIRED –**  
please follow CDC  
*"If You Were Exposed"* guidance



**Note:** Information applies to general public and does NOT apply to special populations such as severely ill, immunocompromised, those living in congregate settings or healthcare workers.

#### **DEFINITIONS**

**Isolation:** Separates sick people with a contagious disease from people who are not sick. The day your symptoms begin (or test positive if not symptomatic) is considered 'day 0'. Isolation begins on day 1.