

Semester 3		Semester 4	
Quarter 1	Quarter 2	Quarter 3	Quarter 4
<p>Technical Standards: 3.0, 2.0, 18.0 Professional Standards: 1.0, 2.0, 3.0, 4.0, 5.0, 6.0, 7.0</p> <p>Unit 1</p> <p>Legal and Ethical Responsibilities</p> <ul style="list-style-type: none"> Define legal terms that apply to direct care and support including legal consequences. Explain consumer rights and responsibilities in building a good provider-patient relationship. Explain “mandatory reporting”. Explain the legal and ethical responsibility of the DCW to safeguard consumer information and confidentiality. Describe advanced directives used for healthcare planning. Distinguish between personal and professional boundaries. Describe the rights of the DCW including personal safety precautions. Identify the rights of people with developmental disabilities. 	<p>Technical Standards: 17.0, 19.0 Professional Standards: 1.0 2.0, 3.0, 5.0</p> <p>Unit 3</p> <p>Safety Guidelines and Regulations</p> <ul style="list-style-type: none"> Describe common emergency situations including guidelines for handling emergencies. Describe fire safety procedures and risk factors. Describe and simulate the use of a fire extinguisher. Describe ways to promote oxygen safety. Identify cleaning solutions and the proper concentration of these solutions. Identify hazards in the home. Explain procedures for trash disposal and cleaning up clutter. <p>Technical Standards: 10.0 Professional Standards: 1.0, 2.0, 3.0, 4.0, 5.0</p> <p>Unit 4</p> <p>Body Mechanics, Transferring and Positioning Skills</p> <ul style="list-style-type: none"> Explain the importance of good body mechanics and lifting techniques. Describe elements of good body mechanics. 	<p>Technical Standards: 7.0 Professional Standards: 1.0, 2.0, 3.0, 5.0</p> <p>Unit 5</p> <p>Emergency Care</p> <ul style="list-style-type: none"> Describe factors that contribute to seizure activity and how to recognize when a person is having a seizure. Describe what to do and not do when a person is having a seizure. Identify when to call 911 when a person is having a seizure. Describe how to document and report seizure activity. Give examples of how to support a person after seizure activity. <p>Standards: 1.0, 3.0, 4.0, 6.0, 7.0, 16.0 Professional Standards: 1.0, 2.0, 3.0, 4.0, 5.0, 6.0</p> <p>Unit 6</p> <p>Service Plan</p> <ul style="list-style-type: none"> Describe the role and purpose of a service plan. Explain how the direct care worker can promote an individual's independence and the right to make personal choices. 	<p>Standards: 15.0, 11.0, 12.0, 14.0, 16.0, 18.0, 19.0, Professional Standards: 1.0, 2.0, 3.0, 4.0, 5.0, 6.0, 7.0</p> <p>Unit 7</p> <p>Activities Planning and Patient Care</p> <ul style="list-style-type: none"> Principles and purposes of activities and give examples. Functional status affects activities. Activities suitable for individuals with specific disabilities. Individual's right to choose or refuse activities. Activity appropriate to a person's cultural or religious background. Build and maintain a positive, professional relationship with the consumer. Practice assistance with ADL's. Techniques that can be used to preserve dignity and privacy while providing personal care. Risk for skin-integrity concerns. Common causes of skin breakdown. Repositioning to prevent skin damage and pressure ulcers. General homemaking skills.

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<p>Technical Standards: 6.0 Professional Standards: 1.0, 2.0, 3.0, 5.0 <u>Unit 2</u> Infection Control and Bloodborne Pathogens</p> <ul style="list-style-type: none"> Define and give examples of standard precautions. Analyze measures that prevent and control infection. Demonstrate appropriate hand-washing technique. Explain when to wear gloves and demonstrate how to apply, remove, and dispose of gloves. Demonstrate compliance procedures for handling and disposing of sharps and other waste. <p>*OSHA 10 Certification</p>	<ul style="list-style-type: none"> Demonstrate good techniques for moving objects with good body alignment. Identify common assistive devices. Explain the terms paralysis and amputation. Explain the importance of proper transfer skills and the use of devices. Describe the use of a mechanical lift. 	<ul style="list-style-type: none"> Explain the relationship between a person's service plan and the DCW's role when providing ADL's. Explain the meaning and importance of self-determination. Describe a service plan to include risk factors, safety precautions, and assistance to the person receiving services. Describe an individual emergency plan including when to contact the family and/ or supervisor. Utilize the service plan to determine cleaning tasks and how and who is responsible for completion. Distinguish between personal choice and the need to complete tasks to avoid health and safety risks. Distinguish among activities of daily living and instrumental activities of daily living. <p>*BLS CPR Certification *Technical Skills Assessment Industry Certification Testing</p>	<p>Technical Standards: 1.0, 2.0, 5.0 Professional Standards: 1.0, 2.0, 3.0, 4.0, 5.0, 6.0, 7.0 <u>Unit 8</u> Job Management and Self Care Skills</p> <ul style="list-style-type: none"> Describe the training requirements for a home health aide/direct care worker. Describe positive caregiver traits and professional standards. Explain how professional standards influence the relationship between the DCW and the consumer. Explain the importance of notifying the agency/supervisor about a change in the DCW's schedule. Describe the supervisory role with examples of questions about specific procedures. Distinguish between positive and negative stress. List causes and effects of stress. Identify appropriate strategies for coping with stress and reducing work-related stress. Identify ways to practice appropriate time management skills. <p>*AHCCCS DCW Certification</p>